

SUICIDE PREVENTION COORDINATING COUNCIL MEETING MINUTES

January 12, 2011/ 1:00 PM – 4:00 PM

The Capitol, Room 2103; Tallahassee, Florida

AFTER ACTION ITEMS:

Suicide Prevention Coordinating Council:

- If interested in partnering with SOSF and USF on the Garrett Lee Smith Grant Application, please submit a letter of intent by February 4th to Kim Gryglewicz at kgrglew@usf.edu.
- To request a display table for Suicide Prevention Day, please email Allyson.Adolphson@myflorida.com no later than February 25th.
- To be part of the Prevention Conference Planning Committee or to submit ideas, please email Allyson.Adolphson@myflorida.com.

Statewide Office of Suicide Prevention:

- Will distribute speaking points on Office roles and functions, and economic impact of mental illness and suicide studies.

AGENDA ITEMS AND NOTES:

1. Welcome and Introductions: Andy Benard, Chief of Staff, Florida Office of Drug Control

- Gubernatorial Transition Update

In November 2010, all Executive Office of the Governor employees, including the Office of Drug Control and Statewide Office of Suicide Prevention, were asked to prepare and submit letters of resignation, effective January 3, to assist with the smooth transition of leadership. In late December, resignations for all full-time employees of the Office of Drug Control were accepted. Senta Goudy and Allyson Adolphson were asked to remain in their positions for an additional 60 – 90 days. Andy Benard still remains in the Office of Drug Control because he is paid by the Department of Defense and therefore was not required to submit a letter of resignation, nor was one accepted. It appears that drug control efforts will be absorbed by other state agencies, such as the Attorney General's Office.

Senta and Allyson await additional instructions from Administration on the future of the Office of Suicide Prevention. The Transition Team has made recommendations for a larger health and human services agency with an Assistant Secretary of Behavioral Health overseeing mental health and substance abuse. There is some speculation that suicide prevention efforts may fall under that proposed agency. It is important to consider how efforts will continue even without a statewide office in place.

Some stakeholders have asked who to contact on the Transition Team or within EOG to advocate for the office. Interested parties should contact EOG Chief of Staff Mike Prendergast at Mike.Prendergast@eog.myflorida.com. It is anticipated that the Office will have an opportunity to meet with him and explain their roles and functions, as well as how mental illness and suicide impact the economy. The Office will share their prepared information with the Council so all messaging is consistent.

- Adopt June 2010 and October 2010 Meeting Minutes

Wayne Dreggors made motion to adopt the June 2010 and October 2010 Council Meeting minutes; Judy Broward seconded the motion. Motion passed.

2. Garrett Lee Smith Grant Application for Re-Funding: Kim Gryglewicz, ASAP Project, USF

The Statewide Office of Suicide Prevention (SOSP) and the University of South Florida (USF) announced plans to apply for the 2011 – 2014 Garrett Lee Smith State/Tribal Youth Suicide Prevention Grant. This grant is funded by SAMHSA to support states and tribes in developing and implementing youth suicide prevention and early intervention strategies.

Three years ago, Florida was funded under the Garrett Lee Smith grant to pilot the State's youth suicide prevention initiative in Duval County. They have been able to successfully implement a number of the components of the State's suicide prevention plan and are now looking to take on what they have learned from Duval and expand efforts throughout the State.

Thus, the SOSP and USF are currently looking to partner with four counties to implement the State's suicide prevention initiatives. At this time, they are asking communities who may be interested in becoming a grant supported partner to provide letters of intent/support so that we can include these in the application. In order to ensure a successful application, interested parties should include the following key elements in their letters:

- **State you would be in applying to be a partner with SOSP & USF.**
- **State the suicide rate in your county.** (Note: Please do not state that there is a need for a suicide prevention program because of lack of services in the community. The Request for Applications (RFA) states that target areas, regions or populations should have rates of suicide attempts or suicides that exceed the national average as determined by the CDC.)
- **Describe your unique experience in providing services to high risk youth.** Demonstrate prior experience with health, mental health, and/or suicide prevention activities, especially with high risk populations. Indicate how long your agency/organization has been participating in such activities. The RFA states that agencies must have the infrastructure and experience to provide new grant funded services quickly and effectively. If agencies do not provide direct services they must provide supporting evidence that treatment services are available and that the organization has the ability to connect individuals with those sectors.
- **Describe your partnerships with other agencies.** Describe your agency's current partnerships with other community agencies and your plan to work with these agencies in advancing the state's suicide prevention plan. Also, describe your partnerships with crisis/case management agencies and how your agency will collaborate with these services to provide appropriate intervention services to at risk individuals. (The RFA states that efforts must involve public/private collaboration among youth-serving institutions and agencies and should include schools, educational institutions, juvenile justice systems, foster care systems, substance abuse and mental health programs, and other child and youth supporting organizations. Collaboration among agencies may be established using formal written/inter/intra-organizational agreements such as MOUs or MOAs. Agencies must show that they have the capacity to refer and link at risk youth for appropriate mental health care and treatment in a timely fashion.
- **State you are committed to collaborate with SOSP and USF in program evaluation activities.** Indicate your agency's commitment to collaborate with SOSP and USF to implement evaluation research of programmatic activities. The RFA states that agencies are expected to participate in the monitoring of prevention services to advance research, technical assistance, and policy development.

For more information on submitting a letter of intent, please contact Kim Gryglewicz at (813) 494-1087 or kgryglew@mail.usf.edu. Please address and send your letter to Dr. Marc Karver at mkarver@usf.edu or fax to (813) 974-1087 (include cover page) by February 4, 2011.

3. Epidemiological Profile:

- 2009 Suicide Death and Hospitalization Data: Kyla Shelton, Department of Health

Please see the attached presentations and data sheets for full information.

- 2009 Youth Risk Behavior Survey Data: Jamie Forrest, Department of Health

Please see the attached presentation for full information.

4. Veterans Baker Act Study: Steve Roggenbaum, FMHI/USF

Please see the attached presentation for full information.

5. Legislation:

- Family Notification Issues: Jackie Rosen, Florida Initiative for Suicide Prevention

Jackie Rosen brought three issues before the Council for discussion:

1) There is no law requiring school personnel to notify parents if a student has self-injured. The Council responded that although this is not a law, is it an ethical requirement for mental health professionals in schools to notify parents of this behavior. Many districts also have this requirement at the district level. This also applies in some higher education settings. Many of these notification policies were revised after the tragedy at Virginia Tech. There is no privacy with harm.

2) There is no law requiring family to be informed when adult individuals with mental illness are released from a Baker Act treatment facility. The Council feels that if adults are deemed competent when discharged they have the right to refuse their family be notified – this is an individual privacy right as a patient. Although it is encouraged that family members are an active part of the treatment process in safety planning, it cannot be required.

3) Law enforcement (in anecdotal cases) may not be properly assessing those in need of treatment under the Baker Act. The Council feels that law enforcement is in most cases doing the best they can with the training and knowledge available to them. They are not therapists and often err on the side of caution. One option the Council may choose to take on is creating a laminated card to keep in wallets or patrol car that lists criteria for Baker Act treatment. Law enforcement can also opt for additional training on the subject at www.bakeracttraining.org.

6. Existing and Planned Initiatives: Senta Goudy

- 2010 Annual Report

The 2010 Annual Report will be posted online at www.HelpPromoteHope.com for public review. Per State law, it was submitted to the Governor, President of the Senate, and Speaker of the House by January 1, 2011.

- 2011 Florida Annual Statewide Prevention Conference

The Statewide Office of Suicide Prevention and Prevention Partnership are beginning to plan the 2011 Prevention Conference. The theme is “Prevention: The Path to Wellness” and the brand is “Lead Strong.” It will be held during the first week of October at the Rosen Centre Hotel in Orlando, Florida. Due to state agency travel restrictions, the primary audience will be providers and advocates. If anyone is interested in being part of the planning committee or has ideas for the conference, please email Allyson.Adolphson@myflorida.com.

- Suicide Prevention Day 2011: Allyson Adolphson

The 9th Annual Suicide Prevention Day at the Capitol will be Wednesday, March 30, 2011. At the request of the Council, the next Coordinating Council Meeting is scheduled for March 29th so that those traveling to Tallahassee could also participate in the Evening of Remembrance Candlelight Vigil that Big Bend Hospice is hosting the evening of March 29th. Pending confirmation from the advertising company, a suicide prevention billboard will be placed in front of the Historic Capitol for the entire week of the event.

Since the last Council meeting, conference calls were held in December and January with various stakeholders from around the State to gather ideas and input on what this year’s message will be, what activities to include, and individuals and organizations to engage in this year’s event. From these calls and in light of the economic and political climate, it was decided to focus on maintaining and strengthening our current infrastructure and resources, and reaching out to at-risk priority populations such as youth, higher education, working population, bullying, LGBT and veterans.

As in the past, display tables will be held in the Capitol Rotunda during the event. This is an opportunity to educate others on mental health issues and initiatives happening in Florida. To request a table, please email Allyson.Adolphson@myflorida.com no later than February 25th.

The press conference is tentatively scheduled for 11:00 AM in the 22nd Floor Observatory. Invited speakers will include Governor Scott, Lieutenant Governor Carroll, former Governor Bush, Mrs. Bush, General Milligan, General Titshaw, Secretary Sheldon, and Senator Lynn. This is Senator Lynn's last term in office, so she will be honored this session for her long-term support of suicide prevention efforts and sponsoring the legislation that created the Office. Governor Scott will also be asked to sign a proclamation recognizing the event.

In the coming weeks a flyer will be distributed with event details. Please distribute widely. Please contact the office with ideas or to be more involved in the planning process.

7. Updates from Council Members

- National Update: Dan Reidenberg (*sent via email for inclusion*)

The National Action Alliance is now up and running and six task forces have been announced: 1) Improving Surveillance and Data, 2) Establishing National Research Priorities, 3) Updating the National Strategy, 4) LGBTQ, 5) Military and Veterans, and 6) American Indians/Alaska Natives. More task forces will be announced in the coming weeks. The Executive Committee of the Action Alliance, led by Co-Chairs Senator Gordon Smith and Secretary of the Army McHugh, is now full with 45 members from various industries, philanthropy, government sectors, etc.

Every 10 years the US Department of Health and Human Services (HHS) leverages scientific insights and lessons learned from the past decade along with new knowledge of current data, trends and innovations. Healthy People 2020 will reflect assessments of major risks to health and wellness, changing public health priorities, and emerging issues related to our nation's health preparedness and prevention. Reducing suicide will again be included in there and much work needs to be done as the numbers have increased between 2005 and 2008.

The National Council for Suicide Prevention will again open its application process on January 15th for new members to apply to join the Council. Agencies with a national presence can apply and more information is online at <http://www.ncsponline.org>. The Council will be announcing its 2011 World Suicide Prevention Day plans at the end of the first quarter. They are also working with the DSM V committees to ensure suicide is included in that edition. (It will be, but where and how is not fully determined yet.)

The World Congress on Suicide Prevention will be in China in September. This occurs every 2 years and the focus for this conference will be on cultural aspects of suicide prevention.

The Military/DoD Blue Ribbon Task Force report has gone to Congress, but it is not yet known which of the 78 recommendations they will be taking to move forward.

The new Recommendations for Reporting to Suicide that have been in the works for 19 months are finished! It has been sent to national agencies for approval and will be formally released in April at the AAS conference. There will be a corresponding website for the Recommendations that will be set up in time for the April announcement.

Garrett Lee Smith Memorial Act RFAs were released, but with the caveat that they were announced during a continuing resolution and there is no assurance of its continued funding. It is suspected that it will be re-funded by Congress at the same level or possibly a little less.

The expert panel that worked on the new warning signs in 2010 has completed its work. They looked at all of the research, validated data and what could be supported in determining and developing the new list of warning signs. They also wrote them in a way that is most readable and understandable for the broadest population. They may not look significantly different when they come out later in this month, but they are improved from the earlier version seen on wallet cards and other places. This is the new SAMHSA-approved list:

Warning Signs of Suicide

These signs may mean someone is at risk for suicide. The risk is greater if a behavior is new or has increased and it seems related to a painful event, loss or change.

- Talking about wanting to die or kill oneself.
 - Looking for a way to kill oneself, such as searching online or buying a gun.
 - Talking about feeling hopeless or having no reason to live.
 - Talking about feeling trapped or in unbearable pain.
 - Talking about being a burden to others.
 - Increasing the use of alcohol or drugs.
 - Acting anxious or agitated; behaving recklessly.
 - Sleeping too little or too much.
 - Withdrawing or feeling isolated.
 - Showing rage or talking about seeking revenge.
 - Displaying extreme mood swings.
- NAMI has a new family guide available: *What Families Need to Know about Adolescent Depression*. For more information, contact Judi Evans at JEvans9062@aol.com.
 - Please consider supporting SB 17 / HB 138 to create veterans' courts statewide. For more information contact Judge Patt Maney at Chery.Bixel@FLCOURTS1.GOV.

8. Yearly Planning Calendar

March 29, 2011; 1:00 PM – 3:00 PM: Suicide Prevention Coordinating Council Meeting

March 29, 2011: Big Bend Hospice Lighting the Darkness Candlelight Vigil

March 30, 2011: 9th Annual Suicide Prevention Day at the Capital

April 13 – 16, 2011: American Association of Suicidology Annual Conference, Portland, OR

June 23, 2011; 1:00 PM – 4:00 PM: Suicide Prevention Coordinating Council Meeting

MOTIONS:

Wayne Dreggors made motion to adopt the June 2010 and October 2010 Council Meeting minutes; Judy Broward seconded the motion. Motion passed.

NEXT MEETING:

March 29, 2011, 1:00 PM – 4:00 PM, The Capitol, Room 2103

ATTENDEES: *Voting members are italicized.*

Allyson Adolphson

Andy Benard

Caitlin Burns

Wayne Dreggors

Jamie Forrest

Senta Goudy

Bettye Hyle

Dr. Marshall Knudson

Bonnie McClelland (via conference)

Pam Mezzina

Clint Rayner

Carolyn Riggs (via conference)

Jackie Rosen (via conference)

Donna Schulz (via conference)

Kyla Shelton

Terry Smith (via conference)

Jackie Beck

Judy Broward

Gail Cordial

Judi Evans

Carol Frederick

Kim Gryglewicz (via conference)

Marlene Jehs (via conference)

Judge Patt Maney

Laura Meyer (via conference)

Michele Mule'

Linda Rayner

Steve Roggenbaum

Brooks Rumenik (via conference)

Dr. Tracy Shelby

Lorie Simmons (via conference)

Lisa VanderWerf-Hourigan

Joseph Watson

Jason Zauder (via conference)